

PHSE LONG TERM PLANS - ST THOMAS'S CE PRIMARY

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	Key Stage 1		Key Stage 2			
	1	2	3	4	5	6
AUTUMN 1 - HEARTSMART INTRO	<p>Relationships My family/friends Identify their special people (family, friends etc) and people who look after them Setting new goals Anti bullying Setting rules Rule of Law/Democracy Emotional Health and Wellbeing Growing young to old and how people's needs change. On line Safety Individual Liberty</p> <p>R.E. (Throughout year) Respect and tolerance</p> <p>HEARTSMART A1 POWER B3 BATTERIES</p>	<p>Relationships Friendships/falling out- strategies to overcome this Respect and Tolerance Setting new goals Anti bullying Setting rules Rule of Law/Democracy</p> <p>On line Safety Individual Liberty</p> <p>R.E (Throughout year) Respect and tolerance HEARTSMART A2 POWER B6 STONE TRAINERS</p>	<p>Relationships Personal Identity- developing confidence and self esteem Setting new goals Anti bullying Setting rules Rule of Law/Democracy Living in the Wider World Children's Rights and Human Rights-United Nations Rights of Child</p> <p>On line Safety-social media and mobiles Individual Liberty</p> <p>R.E.(Throughout year) Respect and tolerance</p> <p>HEARTSMART A3 HEART DECISIONS B2 GUARD YOUR HEART</p>	<p>Relationships Team Building-working collaboratively</p> <p>Setting new goals Anti bullying Setting rules Rule of Law/Democracy</p> <p>On line Safety-social media and mobiles Individual Liberty</p> <p>Water safety</p> <p>R.E.(Throughout year) Respect and tolerance</p> <p>HEARTSMART B7 GUESS WHO? B4 HAPPY SNAPPY</p>	<p>Relationships Setting new goals Anti bullying - support and respect liberties of all within the law Setting rules Ensure class/ school rules are clearly understood and look at links between civil law. Rule of Law/Democracy On line Safety-social media and mobiles Individual Liberty</p> <p>R.E. (Throughout year) Respect and tolerance</p> <p>C2 The 'WATCH WHAT YOU WATCH WATCH' B1 GUARD YOUR HEART</p>	<p>Relationships Setting new goals Anti bullying -support and respect liberties of all within the law Setting rules Ensure class/ school rules are clearly understood and look at links between civil law. Rule of Law/Democracy Learn aspects of both civil and criminal law - discuss how this might differ from some religious laws. Rule of Law On line Safety-social media and mobiles Individual Liberty Anti-smoking R.E. (Throughout year) Respect and tolerance</p> <p>C4 LIONHEART B9 INSIDE OUT</p>

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AUTUMN 2 - DON'T FORGET TO LET LOVE IN	<p>Living in the Wider World Firework safety Remembrance Day Children in Need Respect and Tolerance Individual Liberty</p> <p style="background-color: yellow;">A3 MY STORY B9 LAVA</p>	<p>Living in the Wider World Personal/road/fire safety. Stranger danger. How to get help in the community. (army, 999 services etc) - How do these people show British Values? Firework safety Remembrance Day Children in Need</p> <p style="background-color: yellow;">A2 WOULD YOU RATHER? B4 THE MEANING OF MY NAME</p>	<p>Living in the Wider World Firework safety Remembrance Day Children in Need Respect and Tolerance Individual Liberty</p> <p style="background-color: yellow;">B8 LOVE MAP B5 LOVE IS</p>	<p>Living in the Wider World How rules and laws are made and enforced</p> <p>Firework safety Remembrance Day Children in Need Respect and Tolerance Individual Liberty</p> <p style="background-color: yellow;">C3 ONE IN A MILLION B10 MY FEELINGS MATTER</p>	<p>Living in the Wider World Challenging discrimination- gender/racial/sexual Firework safety Remembrance Day Children in Need MacMillan coffee morning Respect and Tolerance Individual Liberty</p> <p style="background-color: yellow;">B1 DON'T AGREE WITH B2 HEART TO HEART</p>	<p>Living in the Wider World Firework safety Remembrance Day Children in Need Respect and Tolerance, Individual Liberty Rights of minorities- Discuss freedom of speech through links to famous speeches. Individual Liberty</p> <p style="background-color: yellow;">A1 WHAT ARE YOU WORTH? B6b ENCOURAGEMENT</p>

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SPRING 1 - TOO MUCH SELFIE ISN'T HEALTHY	<p>Emotional Health and Wellbeing Keeping safe- medicines and in the home (kitchen) Road and rail safety Living in the Wider World Where I live/where others live On line safety <i>Individual Liberty</i></p> <p>A3 WHAT'S MISSING B5 PUZZLE PIECE</p>	<p>Emotional Health and Wellbeing Fighting Fit (Florence Nightingale/Mary Seacole-link difference and diversity-<i>Respect and Tolerance</i> Personal hygiene Healthy eating On line safety <i>Individual Liberty</i></p> <p>A1 SPOT THE DIFFERENCE B3 FIRST AID</p>	<p>Emotional Health and Wellbeing Making choices-healthy eating/leisure time On line Safety-social media and mobiles <i>Respect and Tolerance</i> <i>Individual Liberty</i></p> <p>A2 WHO'S MISSING B2 GUESS MY FEELINGS</p>	<p>Health and Wellbeing Emergency services On line Safety-social media and mobiles <i>Respect and Tolerance</i> <i>Individual Liberty</i></p> <p>B6 FLIP YOUR PHONE B8 REAP WHAT YOU SOW</p>	<p>Emotional Health and Wellbeing Loss and bereavement On line Safety-social media and mobiles <i>Respect and Tolerance</i> <i>Individual Liberty</i></p> <p>B4 BETTER TO GIVE OR RECIEVE B1 WHAT ABOUT HE AND SHE?</p>	<p>Emotional Health and Wellbeing In the media On line Safety-social media and mobiles <i>Respect and Tolerance</i> <i>Individual Liberty</i></p> <p>Bikeability</p> <p>C4 ELIZABETH EVEREST B7 POINTS OF VIEW</p>

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SPRING 2 - DON'T RUB IT IN RUB IT OUT	<p>Relationships Animals and us Respect and Tolerance</p>	<p>Living in the Wider World Difference and diversity Respect and Tolerance, Individual liberty</p>	<p>Relationships Making decisions Respect and Tolerance, Individual liberty</p>	<p>Relationships Keeping safe-good/bad secrets Respect and Tolerance</p>	<p>Relationships Residential visit(not always this term) That differences and similarities between people arise from a number of factors-eg family, personality, cultural, gender, religion. Recognise and challenge stereotypes. Respect and Tolerance</p>	<p>Relationships Residential visit(not always this term) Respect and Tolerance Magistrate visit</p>
	<p>A1 RUB IT OUT B1 LET THE OUCH OUT</p>	<p>A2 PASS THROUGH THE PAIN BARRIER B6 BALLOON SPOONS</p>	<p>A3 OUTDOOR ACTIVITIES B4 PLAY IT OUT</p>	<p>B7 SAYING SORRY B5 ITS NOT PERMANENT</p>	<p>B9 FORGIVENESS FILM B3 POST IT POSTER</p>	<p>B10 WAY TO SAY B8 I DID NOT I AM</p>

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SUMMER 1 FAKE IS A MISTAKE	<p>Living in the Wider World</p> <p>Looking after places - People who help us- police, lifeboat 999 skills.. (Look at, emergency services etc) - How do these people show British Values?</p> <p>On line safety Individual Liberty</p> <p>Christian Aid Respect and Tolerance</p> <p>Democracy</p> <p>A1 TELEPHONE WHISPERS B8 DRAMA</p>	<p>Relationships</p> <p>That peoples bodies and feelings can be hurt-what makes them feel comfortable and uncomfortable/how to respond and how to tell</p> <p>Respect and Tolerance</p> <p>On line safety Individual Liberty</p> <p>Christian Aid</p> <p>Respect and Tolerance</p> <p>Democracy</p> <p>A2 DESCRIBE AND SEE B3 DON'T HIDE WHAT'S INSIDE</p>	<p>Living in the Wider World</p> <p>Recycling</p> <p>On line Safety-social media and mobiles Individual Liberty</p> <p>Christian Aid</p> <p>Mini enterprise Respect and Tolerance</p> <p>Democracy</p> <p>B4 LIAR LIAR! B2 LIE DOWN</p>	<p>Living in the Wider World</p> <p>Anti social and aggressive behaviours- respect for habitats, community/environment</p> <p>Rule of Law, Respect and Tolerance</p> <p>On line Safety-social media and mobiles Individual Liberty</p> <p>Christian Aid</p> <p>Mini enterprise Respect and Tolerance</p> <p>Democracy</p> <p>B10 REAL IS A BIG DEAL B6 SPOT THE DIFFERENCE</p>	<p>Living in the Wider World</p> <p>World news how it affects us and others Respect and tolerance</p> <p>Challenge prejudicial or discriminatory behaviour, looking at how society should react to it. Respect and tolerance Individual Liberty</p> <p>On line Safety-social media and mobiles Individual Liberty</p> <p>Christian Aid</p> <p>Mini enterprise Respect and Tolerance</p> <p>Democracy</p> <p>B9 FILM CLIP B7 MAKE UNDER</p>	<p>Living in the Wider World</p> <p>National democracy (linked to Ancient Greeks). Look at the advantages and disadvantages of democratic society- politics. Democracy</p> <p>On line Safety-social media and mobiles Individual Liberty</p> <p>Christian Aid</p> <p>Mini enterprise Respect and Tolerance</p> <p>Democracy</p> <p>A3 SPOT THE FAKE B5 BUILD ON TRUTH</p>

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SUMMER 2 - NO WAY THROUGH ISN'T TRUE	Emotional Health and Wellbeing	Emotional Health and Wellbeing	Emotional Health and Wellbeing	Emotional Health and Wellbeing	Emotional Health and Wellbeing	Emotional Health and Wellbeing
	Reflection on years-achievements on targets	Feelings -Think about themselves and celebrate their strengths.	Healthy body/healthy mind	Drugs-smoking and prescription	Managing change and puberty	Drugs-legal and illegal
	Transition to Year 2	Reflection on years-achievements /targets	Reflection on years-achievements /targets. Where and how to get help?	Reflection on years-achievements /targets	Basic First Aid training	Relationships
	Election of school council etc	Transition to Year 3	Transition to Year 4	Transition to Year 5	Risky behaviour-peer pressure	Respect for the basis on which the law is made and applies in England
	Democracy week	Election of school council etc	Election of school council etc	Election of school council etc	Reflection on years-achievements / targets	Reflection on years-achievements /targets
	A2 SEED OF POTENTIAL B6 STEPS TO SUCCESS	Democracy week	Democracy week	Democracy week	Transition to Year 6-year 6 responsibilities	Transition to High School
		A1 ROAD SIGNS B9 TRUST WALK	B3 RECYCLE B5 WHAT DO YOU SEE?	B7 EXPLAIN THE BRAIN B4 MINDMAP	Election of monitors, school council etc	A3 IMAGINE A BRIGHT FUTURE
				Democracy week	B8 STEP TO SUCCESS	
				B1 MISSION IMPOSSIBLE B2 LISTEN IN OR IGNORE		