



St Thomas's CE Primary School

Secure in Faith, Learning Together

'Your word is a lamp for my feet, a light on my path.'

Psalm 119 Verse 105

Physical Education Statement of Intent

At St Thomas's CE Primary School, we aim to inspire all children and for each child to fulfil their potential in Physical Education (PE). We want the children's experience of PE to be positive and motivating and that their attitudes to a healthy lifestyle are firmly embedded in our curriculum. PE enables pupils to become physically confident which will in turn support both their physical and mental health, wellbeing and fitness.

We offer all of our children the chance to compete in sport and other activities allowing them to experience a wide range of sports and physical skills which will enhance life-long fitness and life choices. PE can teach children to cope with both success and failure in competitive, individual and team based physical activities.